

Sherman County Health District Board of Directors Meeting Minutes

Work Session

October 21th, 2017
Moro, Oregon

Present:

Board Members: President Bert Perisho, Vice President Jayme Mason (absent), Director W.P. Thurston (absent),
Director Curt Mason, Director Janice Strand

Staff: Dr. Kristen Dillon, MD; Mark Corey, FNP; Caitlin Blagg, District Administrator

Visitors: None

Call to Order: President Perisho called the meeting to order at 8:12a.m.

Visitor's comments on agenda items (Discussion to be regarding agenda items only): None

Work Session

- A. **REVIEW AND UPDATE 5-YEAR PLAN:** The Board of Directors reviewed the previous 5-year plan from Fall 2013 and the updates that have taken place since that time. The Board then went on to create a list of items under four different categories: Clinical Care, Community Health Development, Operations & Financials, and Board Member. These lists have general ideas on where the Health District would like to go in the future. The list is attached to these minutes. At the next Board Meeting, the Directors will go through the list and prioritize which items they would like to see worked on first.

Adjourn


Meeting Adjourned at 10:34a.m.

The next Board Meeting will be on Thursday, November 9th, 2017 at 5:30 pm, in the Administration Office.

Respectfully submitted,
Caitlin Blagg
District Administrator




Board President
Bert Perisho



Vice-President
Jayme Mason


Director
Wm. P. Thurston



Director
Curt Mason



Director
Janice Strand



Date



10/21/2017 Work Session Notes

Clinical Care

- **Chronic Disease Protocol – establish a new protocol every 6 months**
 - Pain
 - Diabetes
 - COPD
 - CHF
 - Asthma
 - Hypertension
 - Depression
- **Oral Health**
 - Advantage Dental is in Schools
 - Kids / Adults
 - Check in w/ Advantage Dental about the Virtual Dentist
- **Behavioral Health (Mental Health and Substance Abuse Health)**
 - CFL – Behavioral Health
 - Drug Therapist here every Friday
 - CFL presence at school building relationship between school/home/
- **Telemedicine/Vidyo system**
- **Develop tri-fold wallet card**
 - BP
 - Med List
 - Blood Glucose
- **Chiropractic Care**
- **Massage Care**
- **Telemedicine**
 - Psychology
 - Dermatology
 - Cardiology
- **Implement Triage Protocols**
 - Books on-site
- **Cross Training – Re-Visit in 6 months**
 - Referrals
 - Drug Testing



- Spirometry
- How do we get here:
 - Consistency
 - Referral vs. PA
 - Referrals that DO NOT need authorization
 - LIMIT REFERRALS TO 1-2 PER VISIT
 - Use this as a way to see if patient will follow through with going to the referrals. Don't waste time doing referrals if they don't follow through with seeing the clinic referred to.
- Community Health Worker
 - OHSU sponsoring 2 year CHW worker training
 - Medicaid driven
 - Billable time
- Handwritten (or EHR generated) after visit summary for patients to take with them when they leave

Community Health Development

- Children's Fair
 - Encourage Well Child visits
- EKG screening of all Athletes at the school
 - Partner w/ EMS and MCMC Trainer @ school
- Lions Health Screening
 - Vision, hearing, BP check, Blood Glucose
- Expansion of Health District Services
 - Convert apartments to space for workout classes
- Presence @ Fair
 - Nolan the Colon – EOLA
 - Friday and Saturday is the bulk of Fair
- Exercise Programs
 - Wellness Center in Moro
 - Fitness Center in Wasco
 - Hot Stretch and Hot Yoga classes in Wasco
 - Open Gym Friday Nights in Rufus



- Tai Chi at Senior Center
- Fresh Produce in County
 - VeggieRx

Operations & Financials

- New windows and doors for upstairs apartments
- Budget
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- Security System – video
 - Update locks
 - card swipe system
 - Cook Security (PDX)
 - Lenel System (ODOT)
- Apt #2 Water Heater and Pan
 - Pan in Apt# 1
- Concrete
 - Fix
 - Heated tape wire in concrete
- Consider Purchasing the lot behind building
 - Talk to Assessor – Owned by Pacific Power and Light
 - Corner of Scott Street and 2nd Street in Moro

Board Member

- Member retention
 - People don't realize
 - What the board does
 - Society shift – Lack of people willing to volunteer because they are so busy
 - How do you convince them the Health District is important?
 - High Schooler as an advisory position (x 2 so they feel like they have a voice)
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